



THE TRINITARIAN

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SUNDAY SCHOOL



Grades 1 thru 6

Lessons are now available online at <https://www.trinityfuquay.org/sunday-school>



Online Adult Forum with Robert A. Rubin PhD.



The Middle Way: Anglicanism and the Episcopal Church, from the Romans to present day.

*LIVE weekly half hour interactive adult forum - Wednesdays at 7.00pm
Starts April 29th 2020 -powered by ZOOM*

Week One: The Stripping of the Altars: Catholic England and the break with Rome

How to join Robert on Zoom:

1. Email robert.rubin@mac.com and register your interest.
2. Download "Zoom client for meetings" and install **-HERE**
3. You will receive an invitation and link to the forum.

Stay at Home doesn't stop necessary services - Deacon Bob

God, we ask that all who are affected by this virus be held in your loving care. In this time of uncertainty, help us to know what is ours to do. We know you did not cause this suffering but that you are with us in it and through it. Help us to recognize your presence in acts of kindness, in moments of silence, and in the beauty of the created world. Grant peace and protection to all of humanity for their well-being and for the benefit of the earth.

- from Richard Rohr [Daily Meditations](#)



While most of us stay at home this Eastertide and prevent the spread of COVID-19, essential workers make sure that things go on around us and that the sick and poor are not forgotten while they try to stay healthy themselves.

No group of beings is immune to this virus with zoo animals being the latest to fall prey to its clutches. Police, politicians and government workers are being asked to lay aside the law and be humane to all who come to them in need.

Health care workers of all kinds perform miracles with the sick while developing tests to identify the illness, drugs to fight the virus, and a vaccine to keep us from being caught unaware again. They also help families care for those who died from the disease with dignity.

Food store workers, EMT's and firemen are recognized for the super job that they do all the time. I wonder where their Superman capes are when we're not locked down.

Delivery people seem to magically get us our food and essentials without even touching our hands. I wonder where their spells and wands will disappear to when we can get out and about. I pray we will continue to recognize them as the lubricant that keeps life going and to see that they are paid well for the service they render to us.

Outreach groups continue to care for the needy as we stay at home and pray. Mama's volunteers follow the restrictions and guidelines while seeing that the food and other items are distributed to the lines wrapping around their buildings.

The Episcopal Farm Workers Ministry, despite necessary restrictions on the volunteers and staff, serve over 250 families one week before the supplies run out and 50 have to be turned away. But, they make sure that the 50 have first place on the next distribution.

FACES continues to serve those in need of funds being helped by utility companies and landlords who are lenient with those behind in paying their bills. Adding to the normal issues the military people have to deal with, COVID-19 victims and their families are being helped by MMIA.

Along with all the other agencies, Angier Food Pantry notes record numbers of recipients as the economic side of this worsens. And while most of the previous help locally, ERD helps with the worldwide pandemic. So the money we donate is put to good use while we follow the stay at home orders. And so much more is needed as the pandemic worsens.

The use of our Outreach money continues with the work we normally volunteer for. It helps those in need during this COVID-19 pandemic until we can go back to the work God has given us to do healthy, once this round of this disease is over.

"All good things come to those who wait." - Galatians 5:22

Deacon Bob

Sonnet Sequence

with Todd Truffin



The actor Patrick Stewart (*Star Trek: Next Generation, X-Men*) has been reading a Shakespeare sonnet online each day during the quarantine. Malcolm Guite—Anglican poet-priest and chaplain of Girton College, Cambridge—writes loads of excellent sonnets himself. In his 2016 book *Parable and Paradox: Sonnets on the sayings of Jesus and other poems*, Guite addresses the Gospel passage we will read on the fifth Sunday of Easter, John 14:1-14.

“Let Not Your Hearts Be Troubled”
Always there comes this parting of the ways,
The best is wrested from us, born away,
No one is with us always, nothing stays,
Night swallows even the most perfect day.
Time makes a tragedy of human love,
We cleave for ever to the one we choose
Only to find ‘for ever’ in the grave.
We have just time enough to love and lose.
You know too well this trouble in our hearts,
Your heart is troubled for us, feels it too,
You share with us in time that shears and parts
To draw us out of time and into you.
I go that you might come to where I am.
Your word comes home to us and brings us home.

The sonnet form offers poets a compact form and logical structure to explore every imaginable topic from romantic love to political revolution to the wonders of cold pizza. Guite follows long tradition by breaking his sonnet into two parts: the eight-line *octave* and the six-line *sestet*. This division allows for all manner of two stage development: problem/solution, observation/meditation, cause/effect, etc.

The first eight lines sketch out a problem in the human condition: “Always there comes this parting of the ways.” In the last moments before his arrest, Jesus tells the twelve that “Where I am going, you cannot come” (John 13.33). The disciples are distraught at the thought of losing their Lord, Savior, and friend. They feel keenly Guite’s observation that “we have just time enough to love and lose.” In this pandemic, we, too, have had community “wrested from us” in small and big ways. We feel the loss of that we have loved.

But Jesus does not strand his disciples or us in loss. The *sestet* turns from our problem to directly address Jesus. “You know.” “You share.” The speaker of the poem seeks hope in Jesus’s humanity. Because Jesus lived among us, he does “know too well this trouble in our hearts.” He can empathize because he “feels it too.” Jesus comforts us by promising that while he must go away for a while, he only leaves so that “you might come to where I am.” Guite suggests that Jesus goes to a place “out of time” where “the best” will not be “wrested from us” because where there is no time, there is no past or future where things might change. There is always the now at home with Jesus.

To read more of Malcolm’s work and hear him recite his poems (it’s worth it!), visit
<https://malcolmguite.wordpress.com/>

April Birthdays

Happy Birthday to all!

5/3 Blake Gay
5/3 Cynthia Thomas
5/8 Kevin McAllister
5/10 Catherine Rubin
5/26 Andrea Perry
5/29 Tessa Yamamoto



**If we missed your birthday or have
the wrong date, please email
srwarden@trinityfuquay.org**

Life Lessons From Noah

One: Don't miss the boat.

Two: Remember, we are all in the same boat

Three: Plan ahead. It wasn't raining when Noah built the Ark.

Four: Stay fit. When you're 600 years old, someone may ask you to do something really big.

Five: Don't listen to critics; just get on with the job that needs to be done.

Six: Build your future on high ground.

Seven: For safety's sake, travel in pairs.

Eight: Speed isn't always an advantage. The snails were on board with the cheetahs.

Nine: When you're stressed, float a while.

Ten: Remember, the Ark was built by amateurs; the Titanic by professionals.

Eleven: If you can't fight or flee – float

Twelve: Take care of your animals as if they were the last ones on earth

Thirteen: When the doo-doo gets really deep, don't sit there and complain – grab a shovel

Fourteen: No matter the storm, when you are with God, there's always a rainbow waiting.

From the Bob Williams collection

ON-LINE GIVING

Thanks to everyone who has continued to financially support Trinity by sending checks in the mail and making pledge payments and donations online using a credit card.

PLEASE DO NOT SEND CASH IN THE MAIL! As much as we appreciate it, it is risky to do so and we would encourage you to write a check or use the online portal.

The online portal is completely secure and is instant. Your information is available to only one person who records and credits your household with the pledge payment.

Please continue to consider supporting Trinity until we are able to meet and worship together at our beautiful church.

Look for this button on the main webpage or click this button NOW!

[Giving Online](#)

VESTRY MEETING SUNDAY APRIL 26TH

Vestry conducted its second virtual meeting by ZOOM this past Sunday complete with two guest cats!

I am please to tell you that we are holding up well thanks to your continued financial support. Expenses are down as you would expect and that had helped us to maintain a positive balance sheet.

The online services are averaging 62 households with as few as one and as many as 4 watching per household. We even know of people outside of our parish watching and now we have expanded our online capability with Sunday School and Adult Forum.

Much of the remaining discussion was concerned with planning and our options should restrictions be eased in favor of a return, as such, to on-site services. We are looking at what we may be able to do that would allow us to maintain social distancing and the safety of parishioners given the logistics and layout of our worship space. Its complicated and not something that can be easily resolved. What we do know is that we need to serve those who are comfortable returning and those who will need more time. We have some workable suggestions from the meeting that we will endeavor to incorporate into a plan.

Please be safe, stay at home, and protect yourselves and tune-in online!

